## St. Croix Track Club Membership Waiver of Participation



I,, agree that I am a member of
ST. CROIX TRACK CLUB (MUSTANGS), and I know that participating in and
volunteering for organized group runs, organized field events, social events, track and
field meets and road races with this club are potentially hazardous activities, which
could cause injury or death. I will not participate in any club organized events, group
training runs, jumps, throws or social events, unless I am medically able and properly
trained, and by my signature, I certify that I am medically able to perform all activities
associated with the club and am in good health, and I am properly trained. I agree to
abide by all rules established by the St. Croix Track Club, including the right of any
official to deny or suspend my participation for any reason whatsoever. I attest that I
have read the rules of the St. Croix Track Club and agree to abide by them. I assume
all risks associated with being a member of the St. Croix Track Club and participating
in club activities which may include: falls, contact with other participants, the effects
of the weather, including high heat and/or humidity, condition of the track and field,
traffic and the conditions of the road, all such risks being known and appreciated by
me. I understand that bicycles, skateboards, baby joggers, roller skates or roller
blades, animals, and personal music players are not allowed to be used in club
organized activities and I agree to abide by this rule. Having read this waiver and
knowing these facts and inconsideration of your accepting my membership, I, for
myself and anyone entitled to act on my behalf, waive and release the ST. CROIX
TRACK CLUB (MUSTANGS), on the island of ST. CROIX, and the Road Runners
Club of America, all club sponsors, their representatives and successors from all
claims or liabilities of any kind arising out of my participation with the club, even
though that liability may arise out of negligence or carelessness on the part of the
persons named in this waiver. I grant permission to all of the foregoing to use my
photographs, motion pictures, recordings or any other record for any legitimate
promotional purposes for the club.
Signature:
Date:
Parent's Signature if under 18 years:
Date: